



RESIDENTIAL | NURSING | DEMENTIA & RESPIRE CARE

INTRODUCTION

Message From Our Manager

Welcome to our Summer Newsletter! The arrival of the warmer weather has brought plenty of opportunities for residents to spend time outdoors, enjoy new experiences, and make the most of everything that summer has to offer. It has been wonderful to see our gardens full of laughter, conversation, and activity, with residents, families, and staff all enjoying the sunshine together.

Over the past few months we have introduced new outings, welcomed some very special visitors, enjoyed fantastic live entertainment, and continued to expand our programme of activities. It has also been exciting to see our new minibus being put to good use, giving residents even more opportunities to explore the local area and enjoy trips further afield.

None of this would be possible without the dedication of our staff team and the continued support of residents' families and friends. Thank you for helping to make Lark View such a welcoming and vibrant community.

We hope you enjoy reading about some of the highlights from the past few months.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,



George Joseph
Home Manager



ACTIVITIES & EVENTS

Making the Most of Summer

Summer has well and truly arrived at Lark View, and everyone has been making the most of the sunshine whenever possible.

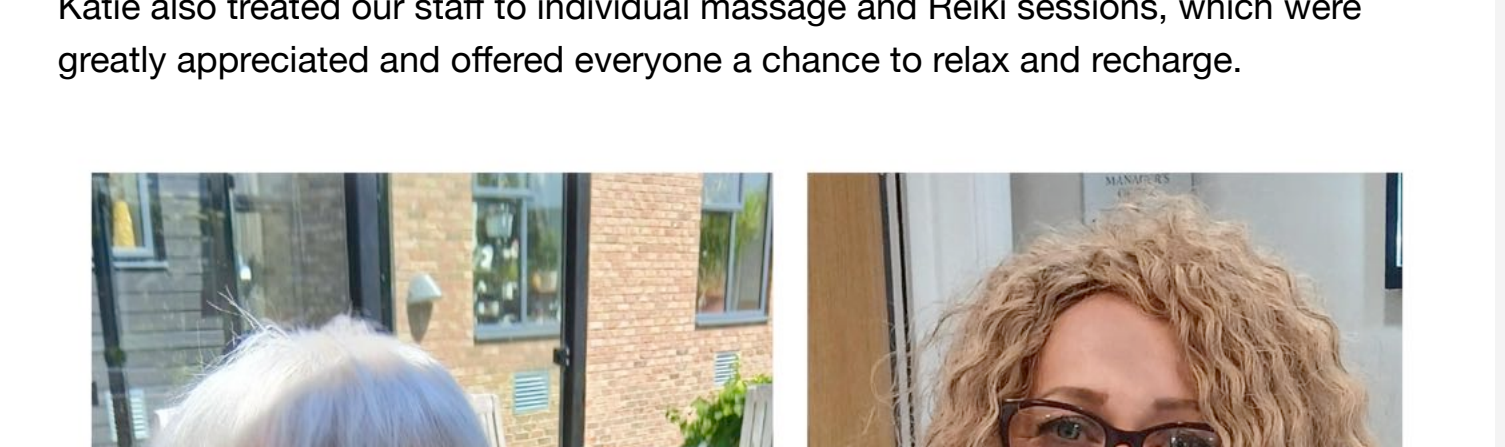
Residents have enjoyed spending time in the garden taking part in games, outdoor activities, and barbecues while relaxing with friends and family. Whether enjoying a gentle stroll, joining in with a game, or simply sitting outside with a refreshing drink, the warmer weather has been welcomed by everyone.

As always, we have been encouraging residents to stay safe in the sun by wearing hats, applying sunscreen, keeping hydrated, and making use of the shaded areas around the garden.



Keeping active continues to be an important part of life at Lark View. Monday exercise sessions with our personal trainer, Mark, remain extremely popular, combining fitness with plenty of fun and laughter. Residents also continue to enjoy Tuesday yoga sessions with Katie, whose calm and relaxing classes finish with soothing chimes and Tibetan singing bowls, providing a peaceful end to each session.

Katie also treated our staff to individual massage and Reiki sessions, which were greatly appreciated and offered everyone a chance to relax and recharge.



We're Going Places

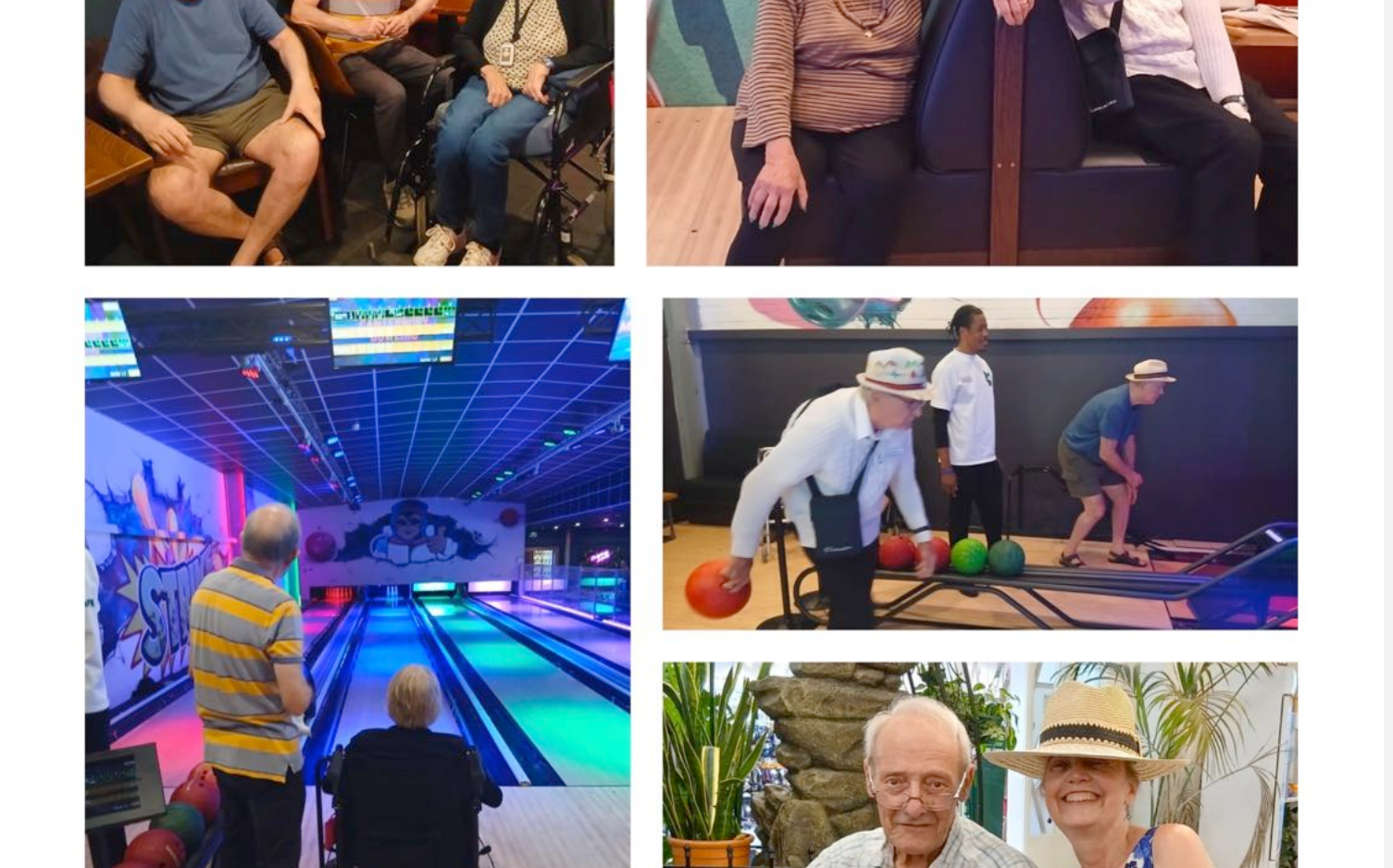
Our new Lark View minibus has quickly become one of the busiest additions to the home, opening up exciting opportunities for residents to enjoy regular outings within the local community.

One of our recent trips took residents to the Blue Diamond Garden Centre, where those with a love of gardening enjoyed browsing the colourful displays of flowers, plants, and garden ornaments. After exploring the centre, everyone relaxed with refreshments in the café before heading home.

The following week brought something completely different as residents travelled to a local bowling alley in Wincheap. There was plenty of friendly competition throughout the afternoon, with a few unexpected bowling champions emerging along the way. Afterwards, everyone enjoyed sitting together for a drink while discussing the best shots of the day.

A special thank you goes to our new Wellbeing Coordinator, Sean, whose enthusiasm and safe driving have helped make these outings such a success.

Looking ahead, we already have plenty more adventures planned, including visits to local pubs, seaside trips, beaches, exhibitions, and many other attractions. There is so much to explore, and we are looking forward to making even more memories together.



Meeting Some Cuddly Friends

Residents, relatives, and staff were delighted to welcome Terri and Colin from Cuddly Cavies, who visited us with their wonderful team of therapy guinea pigs.

The fluffy visitors quickly became the stars of the morning, with residents enjoying the opportunity to hold, stroke, and spend time with the gentle animals. The visit prompted many conversations about childhood pets and family memories while creating a calm and relaxed atmosphere throughout the home.

Animal therapy continues to provide many emotional and sensory benefits, and it was lovely to see so many smiling faces during the visit.

We are already looking forward to welcoming our furry friends back again in September.



Music and Entertainment

Music is always a favourite at Lark View, and our recent visit from Tickled Pink certainly did not disappoint.

Their new show, Rags to Riches, brought residents, relatives, and staff together for a lively afternoon of singing, dancing, and entertainment. The Marlowe Unit dining room was filled to capacity as everyone gathered to enjoy the performance.

The atmosphere throughout the afternoon was full of energy, with familiar songs encouraging residents to sing along and join in. A particularly special moment came when the performers sang for the son of one of our staff members, who happened to be celebrating his birthday that day.

It was one of our biggest indoor events to date and a wonderful example of how live entertainment can bring everyone together.



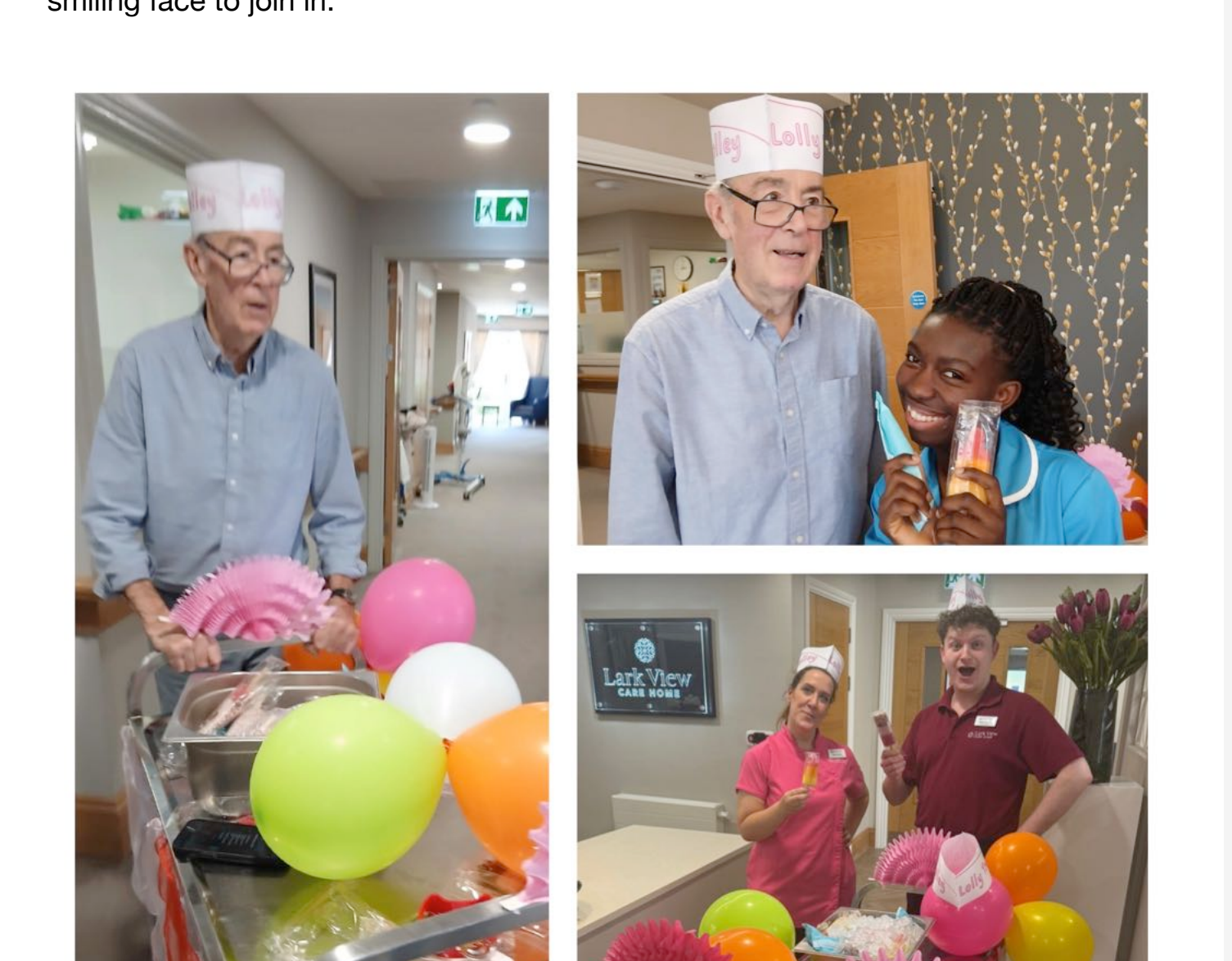
The Lolly Trolley Gang

One of the newest and most popular additions to life at Lark View has been the arrival of our Lolly Trolley Gang.

During the warmer weather, the trolley makes its way around each floor delivering refreshing ice lollies to residents, accompanied by music, colourful decorations, tambourines, and plenty of laughter.

The team has grown as residents have eagerly volunteered to become honorary members, helping to spread smiles throughout the home. The famous "Lolly Dance" has also become something of a tradition, with plenty of amusement for everyone involved.

If you happen to hear the cheerful music making its way through the corridors, you'll know the Lolly Trolley Gang is on its rounds and there is always room for another smiling face to join in.



STAFF & HOME NEWS

Welcoming New Team Members

We are pleased to welcome several new colleagues to the Lark View team and wish them every success in their new roles.

Senior Care Assistant

- Catherine Linnane

Care Assistants

- Marcia Ager (Days)
- Prosper Matimba (Nights)
- Chiwendu Ogbonna (Angela) (Days)
- Kylah Perry (Days)
- Harmanjot Kaur (Days)
- Maurisha Appay (Nights)
- Murphy Asuma (Nights)

Registered General Nurses

- Sabina Gurung (Nights)
- Arunima Sasikumar (Days)
- Hemlata Rai (Days)

We are delighted to have them join our team and look forward to the knowledge, skills, and compassion they will bring to the home.

Family Meetings

Family meetings for both the Bloom and Marlowe communities will be taking place over the coming weeks.

These meetings provide an opportunity for relatives to receive updates, ask questions, share ideas, and discuss future plans for the home. Invitations will be sent out shortly, and we look forward to welcoming families along.

COMING UP

Looking Ahead

As we continue through the summer, we have an exciting programme of activities and outings planned for residents to enjoy.

Alongside further trips using our new minibus, residents can look forward to visits to local attractions, seaside outings, live entertainment, creative activities, exercise sessions, gardening, and more opportunities to spend time outdoors whenever the weather allows.

We will also continue welcoming community groups, therapy animals, performers, and visitors who help make life at Lark View varied, engaging, and enjoyable.

Thank you to our residents, families, friends, volunteers, and dedicated staff for making Lark View such a friendly and caring place to live. We look forward to sharing many more happy memories with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Lark View Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[CareHome.co.uk](#) & [Google Reviews](#)

