



RESIDENTIAL | NURSING | DEMENTIA & RESPITE CARE

INTRODUCTION

Message From Our Manager

A warm autumn welcome to all our residents, families and friends. As the leaves turn golden and the air grows crisp, we've been reflecting on the wonderful memories made over the past few months and looking forward to the exciting events still to come.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

George

George Joseph
Home Manager



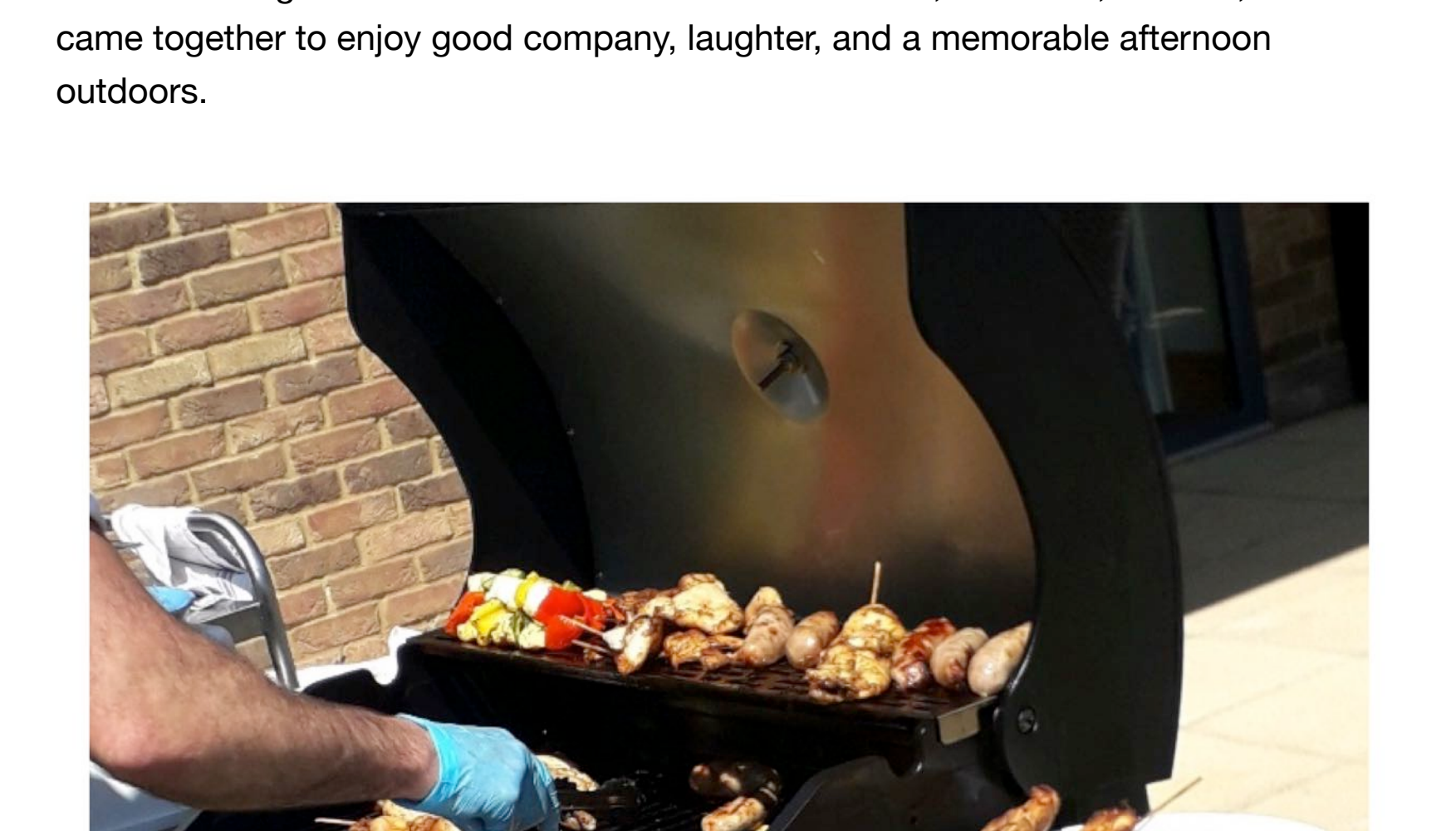
RECENT HIGHLIGHTS

Happy Times at Lark View

Music continues to bring joy and connection to everyone in our home, and it's always wonderful to see both residents and staff getting involved. Recently, we were treated to some fantastic musical entertainment, with our very own Matt showcasing his guitar skills while resident Terry took to the karaoke microphone for a lively singalong that had everyone smiling and tapping their feet.



The fun didn't stop there—our recent summer barbecue was another highlight! With the sun shining and the smell of delicious food in the air, residents, families, and staff came together to enjoy good company, laughter, and a memorable afternoon outdoors.



ACTIVITIES & EVENTS



As The Autumn Leaves Turn...

Autumn is firmly here and with it the Spooky season, and a change of colours and weather. The autumnal chill hasn't stopped our residents from enjoying some time in our garden, as the weather has been quite forgiving and mild these past few weeks. Nothing that can't be solved by a coat, a scarf and a hat! We also took residents to the Garden Centre recently, where we enjoyed some botanical browsing, a pleasant walk around the different sections, and a cuppa and scone in the cafeteria.



We will celebrate All Hallows Eve and Halloween accordingly with some spooky cookie making, as residents have been loving baking activities. We've made treats like scones lately, which then were enjoyed by residents, staff and relatives alike in the afternoon, with a nice cup of tea or coffee. Some even had seconds!



Staying Fit & Active

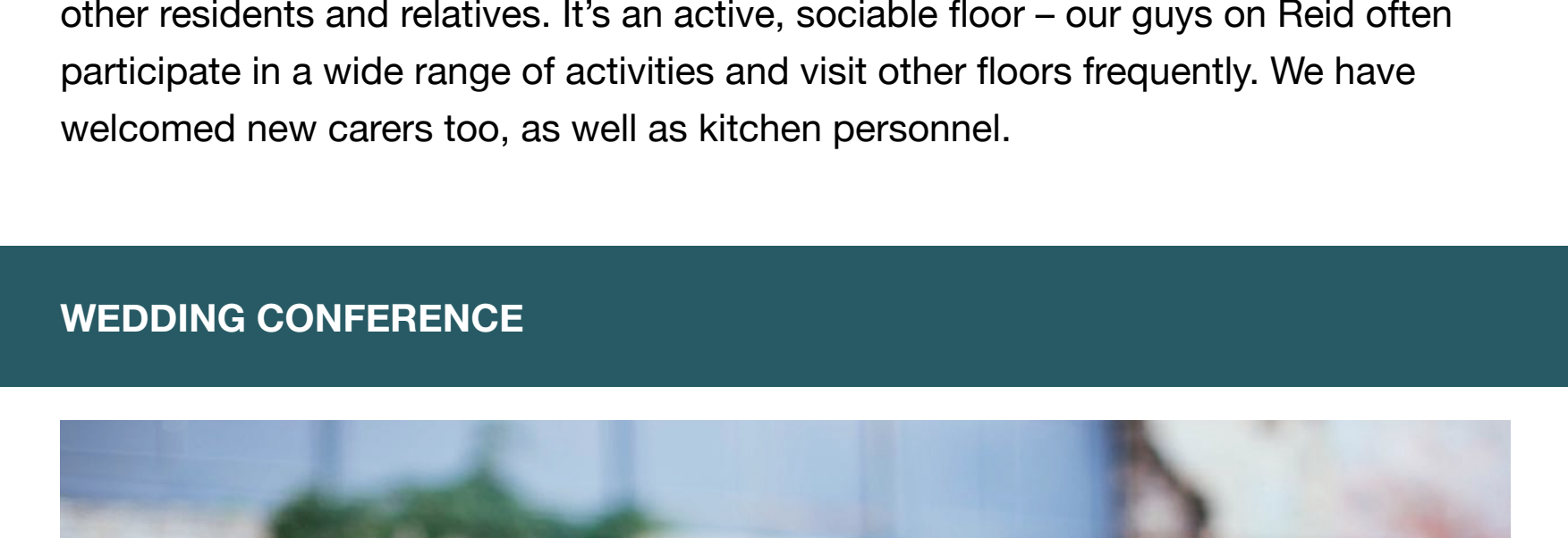
The range of exercise-oriented activities keeps on growing too. Our lovely Katy, who visits our residents to deliver holistic therapy, introduced us to Armchair Yoga, which is now a hugely popular activity. Now part of our weekly schedule, armchair yoga is a combination of exercise, meditation and relaxation, with a holistic approach that includes all five senses. Katy even rings a set of Tibetan bowls at the end of the session.

We continue to offer Movement to Music every Monday and Music for Health every other Friday, and other activities like indoor boules and floor games like hoopla, so there's a wide variety of ways for residents to choose how and when they want to exercise. Being active continues to be an essential part of our weekly planning.

The Lark View Family Keeps On Growing

It's been more than two months now since our second floor, Reid, opened earlier this summer, and since then, the Lark View family hasn't stopped growing. The floor is now nearly full and new residents are adapting brilliantly and enjoying meeting staff, other residents and relatives. It's an active, sociable floor – our guys on Reid often participate in a wide range of activities and visit other floors frequently. We have welcomed new carers too, as well as kitchen personnel.

WEDDING CONFERENCE



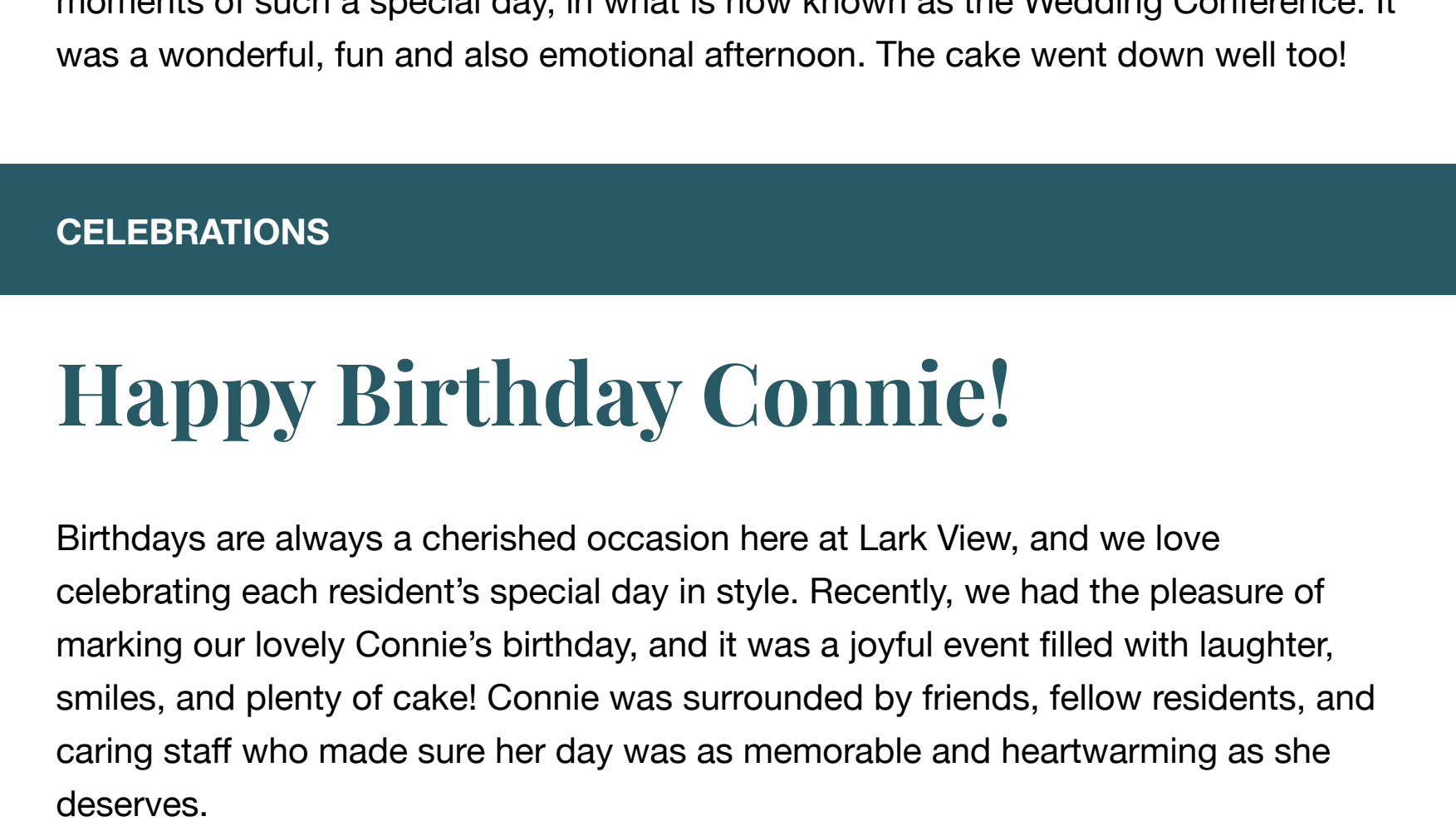
Making Special Memories

Last month, we had the pleasure of having Richard's son David and his wife Catherine with us for a very special event! The couple got married this summer, but unfortunately Richard was not able to attend. However, David and Catherine travelled down to Lark View to visit Richard and to show him some photos and videos of the wedding. It took a little bit of planning behind the scenes, but what Richard didn't know was that they were going to come in full wedding gear (white dress and all!), cake and wedding mementos included, with a wonderful and thoughtful presentation for Richard to enjoy. They even read their promises and wedding vows. Many residents were invited and able to share with Richard so many moments of such a special day, in what is now known as the Wedding Conference. It was a wonderful, fun and also emotional moment. The cake went down well too!

CELEBRATIONS

Happy Birthday Connie!

Birthdays are always a cherished occasion here at Lark View, and we love celebrating each resident's special day in style. Recently, we had the pleasure of marking our lovely Connie's birthday, and it was a joyful event filled with laughter, smiles, and plenty of cake! Connie was surrounded by friends, fellow residents, and caring staff who made sure her day was as memorable and heartwarming as she deserves.



EXTERNAL LINKS

Social Media

Make sure to check out the Lark View Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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