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A WARM WELCOME TO OUR
WINTER 2024/25

Quarterly Newsletter

Lark View CARE HOME

RESIDENTIAL · NURSING · DEMENTIA & DOMINO CARE

Manager's Introduction

As we welcome 2025, we are filled with optimism and excitement for the wonderful times ahead. We encourage you to dive into this edition of our newsletter, where you'll find the latest updates, heartwarming stories and highlights of recent events.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

George

George Joseph
Home Manager

Christmas Eve Party

Festive Celebrations

Lark View was filled with laughter, music, and the warm spirit of the season as residents, staff, and families came together for our annual Christmas party. The festive afternoon provided a delightful opportunity to celebrate the holidays as one big family, with a variety of heartwarming activities to enjoy.

The event featured a wonderful live performance by one of our talented carers, Matthew, who played the piano and sang beautifully for our residents. The performance added a truly special touch to the celebration, and through resident feedback, it was clear how deeply everyone enjoyed the performance, adding his contribution to embracing the core values of Lark View Care Home.

A standout moment of the day was when John, one of our residents, donned a Santa Claus costume to deliver presents – a role he embraced with great enthusiasm, spreading joy and laughter throughout the gathering. Meanwhile, our kitchen team showcased their hard work and festive cheer by performing "Last Christmas" by Wham! They dedicated many weeks to practicing and perfecting their performance, and they didn't miss a beat on the day.

Our kitchen team truly outdid themselves for the party, preparing a delicious buffet that was enjoyed by everyone in attendance. There was a delightful selection of both savoury and sweet treats, all tailored to the unique needs and preferences of our residents.

Thannington Parish Church

Meaningful Activities

Over the past few months, we have been delighted to welcome Reverend Rob White and the team from Thannington Parish Church into our home as part of a new initiative designed to support the spiritual and emotional well-being of those in our care.

Every month, Reverend Nick hosts an in-house church service right here at Lark View. These gatherings are intended to be inclusive, comforting, and reflective, allowing residents to enjoy a familiar tradition without having to leave the home.

The response from our residents has been overwhelmingly positive. Many have expressed how much they look forward to the monthly services, describing them as calming, uplifting, and a welcome opportunity to step back and reflect.

Enhancing Wellbeing Through Reflexology

Relax & Rejuvenate

We are excited to announce the introduction of a new reflexology service, led by Anna, a skilled reflexologist whose calming presence and expertise have already made her a lovely addition to our community.

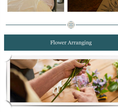
Anna visits Lark View once a week to provide reflexology sessions for our residents. This service has been much anticipated after many expressed a keen interest in exploring alternative therapies to support their physical and emotional well-being. This initiative not only reflects our commitment to person-centred care but also strengthens our ties with the local community, bringing valued expertise directly into our home.

Our residents have already provided glowing feedback on Anna's sessions. One resident shared, "The sessions help me feel both relaxed and energised".

Flower Arranging

Creative Creations

We enjoyed a lovely afternoon bringing a burst of colour into our home with flower arranging.



Remembrance Day

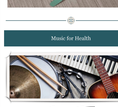
Lest We Forget

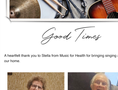
Residents collaborated on a communal piece of art for Remembrance Day. The leaves on our poppy wreath were made from the handprints of our residents, who also drew or coloured poppies to decorate it. We felt a strong sense of community during the creation process and enjoyed a cup of tea and cake after our hard work!

Music for Health

Good Times

A heartfelt thank you to Stella from Music for Health for bringing singing and joy to our home.





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Don't Forget To Like Us!

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